



CHRISTIAN SCHOOLS  
INTERNATIONAL

## CSI Insurance Plan & Trust Fund

# UPDATE

**Date:** May 31, 2006

**To:** Retirees Covered by Trustmark

**From:** Howard Van Mersbergen  
Executive Secretary-Treasurer

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### From Howard's Desk

The Trustees continue to work diligently on solutions that will provide members with good benefit coverage at a reasonable cost. We, with the help of our consultants at Mercer Health & Benefits, have negotiated with our insurance carriers in finalizing the insurance renewals for next year in an effort to minimize your cost. We have also looked at how our benefit levels compare to plans available in the marketplace.

You are welcome to contact me by phone at 800-635-8288, ext. 226, or send an e-mail message to [hvanmersbergen@CSIONline.org](mailto:hvanmersbergen@CSIONline.org) to share your ideas on ways that we can work together to provide for your insurance needs.

### September 1, 2006, Open Enrollment

September 1, 2006, is the deadline for open enrollment for the 2006/2007 plan year. You will have the same health, dental, and vision coverage for the 2006/2007 plan year as you have now unless you complete a new enrollment form and change your coverage. To obtain an enrollment form, call 800-635-8288 or 616-957-1070, ext. 233.

### Premium Rates for September 1, 2006

A rate sheet for your coverage is enclosed. All rates include both health and dental coverage.

### Change in the Emergency Room Copay

The emergency room copay will change from \$50 to \$75.

### Maternity Length of Stay

Where a plan covers maternity benefits, guidelines for a hospital length of stay are at least forty-eight (48) hours for a vaginal delivery and ninety-six (96) hours for a cesarean delivery. The length of stay begins at the time of delivery, if the delivery takes place in a hospital. If the delivery does not take place in a hospital, the length of stay begins once the mother and newborn are admitted to the hospital as inpatients.

The mother and newborn are not required to stay 48/96 hours if the attending provider, after consulting with the mother, decides to discharge the mother and newborn earlier.

Pre-certification procedures for maternity hospital stays will be required as described in your Policy.

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(More)

### **Reconstructive Surgery following Mastectomy**

Individuals receiving benefits in connection with a mastectomy may elect breast reconstruction in connection with such mastectomy. Such reconstruction includes the following:

- (1) Reconstruction of the breast on which the mastectomy has been performed;
- (2) Surgery and reconstruction of the other breast to produce a symmetrical appearance;  
and
- (3) Prosthesis and physical complications of all stages of mastectomy, including lymphedemas.

These benefits will be subject to the terms, conditions and limitations of your health coverage with Trustmark, including determinations of medical necessity and reasonable and customary charges. Coinsurance and deductibles will also continue to apply as permitted by State law.

### **Contacting the CSI Benefits Office**

If you have questions or need additional information, contact Lois by phone at 800-635-8288 or 616-957-1070, ext. 233 or by e-mail at [LLandheer@CSIONline.org](mailto:LLandheer@CSIONline.org).

The CSI web site contains information on CSI benefits, forms that you may need and benefit publications like plan books and Updates. Go to [www.CSIONline.org](http://www.CSIONline.org) and select the Employee Benefits tab to see the useful items available.