



CHRISTIAN SCHOOLS  
INTERNATIONAL

## CSI Insurance Plan & Trust Fund

# UPDATE

**Date:** March 12, 2004

**To:** Participating Boards and  
Employees

**From:** Howard Van Mersbergen,  
Executive Secretary-Treasurer

- Visit the CSI Web Site
- HealthWise Wellness
- Insurance Plan Book
- Enrollment for the 2004/2005 Plan Year

### Visit the CSI Web Site

We have expanded the Benefits section of the CSI web site to make it a valuable tool for you. Go to [www.CSionline.org](http://www.CSionline.org) and select the Employee Benefits tab to see the useful items available to you. The site contains information on CSI benefits, forms that you may need, and benefit publications like plan books and Updates.

### HealthWise Wellness

The CSI Insurance Plan provides confidential, powerful tools to assist you in adopting healthier habits. To receive instant feedback on your health, take ten minutes and complete the online questionnaire, Health Quotient. The feedback will include information from the extensive WebMD database about health conditions that may affect you. You can also use the database for in-depth research on health care topics. Go to [www.CSionline.org](http://www.CSionline.org) and select Employee Benefits, United States, CSI Insurance Plan, and HealthWise Wellness to take advantage of this valuable tool.

### Insurance Plan Book

With this Update, you will receive a plan book that describes some of the benefits of the CSI Insurance Plan. Our adoption benefit, long-term disability benefit and vision care benefit are described in detail. The book also contains the Summary Plan Description and Plan Document. Take a few minutes to page through the book and become familiar with these items.

### Enrollment for the 2004/2005 Plan Year

The Trustees will receive a proposal for renewal rates for the 2004/2005 Plan Year at their meeting in late April and will set rates at that time. Enrollment packages and premium rates will be shipped to schools in early May.

If you have questions or need additional information, contact Lois at 616-957-1070 or 800-635-8288, ext. 233.

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