

CSI FLEXIBLE BENEFITS PLAN

Over-the-Counter (OTC) Drug List



Eligible OTC Drugs

Allergy & sinus medications

(Examples: Claritin, A.R.M., Actifed, Benadryl, Chlor-Trimeton, Motrin Sinus, Sudafed, Tylenol Allergy Sinus, etc.)

Contraceptives

(Example: condoms)

Cough & cold medications

(Examples: Advil Cold & Sinus, Alka-Seltzer Plus, Breathe Right Nasal Strips for colds, Comtrex, Contac, Drixoral, Sudafed Cold, TheraFlu, Tylenol Cold, Vicks Nyquil, etc.)

Diabetes care

(Examples: Test strips for blood glucose, Glucometer, injection devices, lancet devices, urinalysis test strips, etc.)

Digestion

(Examples: Antacid liquid and tablets (Maalox, Mylanta, Pepto-Bismol, Prilosec), Anti-Diarrheal medication (Imodium, Kaopectate), Laxatives (Correctol, Dulcolax, Milk of Magnesia), Antigas Tablets (Gas-X, Maalox Max, Mylanta Gas), Hemorrhoidal suppositories and cream (Anusol, Preparation H), Lactose intolerance (Lactaid), Motion sickness (Dramamine, Bonine), etc.

Family Planning & Health Monitors

(Examples: Male infertility test kit, ovulation test kit, pregnancy test kit, heart rate monitor, blood pressure monitor)

First Aid

(Examples: Bandages, tape, gauze pads, Antibiotic ointments (Neosporin, Polysporin), Antiseptic (Bactine, Curad alcohol swabs, Itch & Rash (Aveeno anti-itch lotion, Benadryl, Cortaid), Lice Treatment (Rid, Nix)

Pain & Fever

(Examples: Arthritis caplets (Aleve, Tylenol Arthritis Pain), Aspirin (Bayer, Excedrin) Non-aspirin pain relief (Advil, Ibuprofen, Tylenol), Canker & cold sore relief, Menstrual relief (Pamprin, Midol), Pain relief patch (Migraine Ice, Icy Hot, TheraPatch), Rubs & Ointments (BenGay, Heet, Icy Hot)

Smoking Cessation

(Examples: Nicorette gum, Nicoderm Patches, Commit stop smoking lozenges)

Supports & Braces

(Examples: Ankle brace, arm & elbow brace, neck brace, surgical support hosiery, wrist & hand brace)

OTC Drugs/Items Not Covered

Athletic supports & braces
Cosmetics
Drugs or items used for cosmetic reasons (Rogaine, retinal serum, Crest white strips)
Hair removal kits (electrolysis)
Herbal supplements
Items taken for general health reasons
Toiletries (lotion, shaving cream, etc.)
Toothpaste, floss, toothbrushes
Vitamins or supplements
Weight loss drugs (general health)

OTC Drugs/Items Requiring Medical Necessity

Supplements (Glucosamine, etc.)
Weight loss drugs

Documentation Requirements

In order to be reimbursed for OTC drugs, you will need to complete a Request for Reimbursement (claim) form and attach an itemized receipt for the drugs. If you are submitting a cash register receipt, the receipt must include:

- Name and address of provider (i.e., drug store or grocery store);
- Date of purchase;
- Name of OTC drug.
- If the name of the drug or medicine is **not shown** on the cash register receipt, you must submit a tear off portion of the box or package that includes the name of the drug and price along with the cash register receipt.

Stockpiling Drugs not Reimbursable

Please be aware that although OTC drugs are now eligible for reimbursement, the IRS' intention is that you are being reimbursed for OTC drugs that you are taking because they are medically necessary. Items that are reimbursable are drugs or medicines you would purchase when you are ill, i.e., motrin for headaches, cough medicine for colds, etc. Purchasing large quantities of OTC drugs at the end of the Plan Year will not be reimbursable.

**Questions? Call CSI or Arcadia Benefits Group at:
CSI – (800) 635-8288, ext. 228
Arcadia Benefits Group - (866) 329-4333**